Be Bright Be Seen

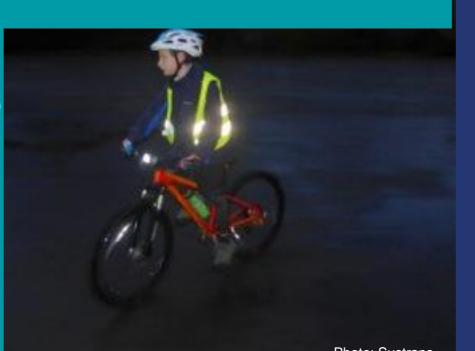
Keeping safe on your journey to school

- Wear reflective Hi Viz clothing.
- Put lights and reflectors on your Bike or Scooter.
- Wear brightly coloured clothing, coat, helmet or hat.
- Attach reflectives to your school bag.
- Take extra care at junctions and when crossing the road.
- Make eye contact with drivers to make sure you have been seen.
- Drivers! It is your responsibility to drive safely! Avoid distractions and look out for others sharing road space.

 Check out our guides to cycling in the dark & making sure your bike is safe to ride:

Sustrans Guide to cycling in the dark

Check your bike is safe to ride
- a how to guide





Sustrans is the charity making it easier for people to walk and cycle.

We connect people and places, create liveable neighbourhoods, transform the school run and deliver a happier, healthier commute.

Join us on our journey.

f

Registered Charity No. 326550 (England and Wales) SC039263 (Scotland).



© Sustrans December 2022